# Fee-for-service, capitation and health provider choice with private contracts\*

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#### Abstract

Contracts between health insurers and providers are private. By modelling this explicitly, we find the following. Insurers with bigger provider networks, pay higher fee-for-service rates to providers. This makes it more likely that a patient is treated and hence health care costs increase with provider network size. Although providers are homogeneous, the welfare maximizing provider network can consist of two or more providers. Provider profits are positive whereas they would be zero with public contracts. Increasing transparency of provider prices increases welfare only if consumers can "mentally process" the prices of all treatments involved in an insurance contract. If not, it tends to reduce welfare.

**Keywords:** private contracts, two-part tariffs, fee-for-service, capitation, any willing provider laws, price transparency

JEL classification: I13, I11

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# 1. Introduction

There is a general presumption that insurers can keep health care expenditure and costs down by contracting with a small number of providers. This is based on three types of evidence. First, cross section studies like Coe et al. (2013) which compare insurance plans with narrow and broad networks. The latter tend to have higher cost per capita. This type of evidence can be plagued by adverse selection problems (broader networks tend to be more attractive to people with higher expected health care costs). This is not the case with evidence based on country wide changes like managed care in the US. As documented by Cutler (2004), Dranove et al. (1993) and Dranove (2000) the shift from indemnity insurance to managed care where insurers contract a small provider network has reduced the growth in health care expenditure in the US. The backlash which forced insurers to contract broader networks has led to increased health care costs (Lesser et al., 2003). Finally, Klick and Wright (2014) analyze the effect of Any Willing Provider (AWP) laws on health care costs. They show that AWP laws, which make it harder for insurers to contract a narrow provider network, tend to raise health care costs.

It is important to distinguish the effect of network size on health care expenditure on the one hand and on health care utilization and costs on the other. Cutler et al. (2000), analyzing two forms of heart disease, mainly find price effects; i.e. selective contracting and managed care lead to lower expenditure. Zwanziger and Melnick (1988); Zwanziger et al. (1994); Zwanziger and Melnick (1996) and Chernew et al. (2008) document utilization and cost effects. Chernew and Newhouse (2011) give an overview of the effects of managed care on both health care expenditure and costs. In this paper, we focus on the effect of selective contracting on utilization and costs.

We analyse the effect of network size on health care costs using a framework with private contracting between insurers and providers. Private contracting means that only the parties directly involved in the contracting can observe the contract, outsiders cannot (see, for example, Hart and Tirole, 1990; Segal, 1999). In our context this implies that only the insurer and provider involved know the details of the contract; neither other insurers, providers nor consumers know what is in the contract.

Two reasons to motivate an analysis with private contracting are the following. First, contracts between insurers and providers are, in fact, private due to confidentiality clauses (Muir et al., 2013). Second, public contracts cannot explain why a narrow network leads to lower costs. We will address well known arguments based on public contracting in section 3. We argue that with public contracts, if there are effects of network size, these involve shifting rents between insurers and providers. Treatment decisions and welfare are unaffected. As a consequence, models with public contracts cannot address worries that narrow networks lead to under-treatment (see, for instance, Terhune, 2013; Pear, 2014).

We introduce a model with homogeneous providers treating patients at constant marginal costs c. Insurers offer providers contracts privately. These contracts specify two-part tariffs: feefor-service (variable part) p and capitation fee (fixed part) p. On the health insurance market, insurers offer contracts specifying a co-payment p for insured who need treatment. Both p and p can be used to reduce health care consumption: p < c is known as supply side cost sharing and p are demand side cost sharing (Ellis and McGuire, 1993). If p and p compensates providers up front for loss-making treatments. The health economics literature tends to focus on the extreme contracts —either pure capitation, p = 0, or pure fee-for-service,

t=0. We allow both instruments to be used simultaneously. The question is: how do provider choice and private contracting affect optimal supply and demand side cost sharing? To illustrate, how can an insurer use supply side cost sharing (like a capitation fee) when patients are free to choose their provider?

We show the following results with private contracts. As the size of the network increases, p goes up as "aggressive" capitation contracts (low p, high t) become too expensive for insurers. As providers cannot see each others' contracts, they believe that too many patients will visit them and therefore providers demand high t.<sup>1</sup> To reduce the high capitation, fee-for-service is raised and a bigger network leads to higher health care costs. Similarly, AWP laws by expanding the network raise costs as well. Although providers are homogeneous in our model, with private contracts they make positive profits (unless there is either only one provider in the network or p=c). As providers gain from private contracting, the model motivates the use of confidentiality clauses that we see in the real world. Fee-for-service p affects the probability that a patient is treated by a provider. Hence, p is payoff relevant for a consumer buying insurance. As contracts are private, consumers cannot observe p directly. However, network size signals the level of p: a bigger network signals a higher probability of being treated. Finally, the equilibrium network size is determined by the trade off between consumer utility and provider profits.

This paper is related to the following strands of literature. First, the literature on demand and supply side instruments to curb moral hazard (see, for instance Ellis and McGuire, 1993, for an overview). Papers in this literature work with public contracts which has two implications. First, demand and supply side cost sharing can be analyzed separately. Second, the first best outcome is implementable<sup>2</sup> (see equation (11) below). Neither implication holds in a model with private contracting.

Second, papers on provider networks and how they are organized include Ma and McGuire (1997), Ma and McGuire (2002); features include non-contractible physician effort and insurers imposing targets for providers' supply of care. They characterize the outcomes that can be achieved with optimal contracts. Outcomes are typically not efficient. Papers that allow for provider heterogeneity include Capps et al. (2003) and Ho (2009). They derive the profits that a provider can make by joining a network. Working with public contracts, Capps et al. (2003) find that all providers are contracted in equilibrium (see section 3 below). This is not true under private contracts. In Bardey and Rochet (2010), a health insurer operates in a two sided market: contracting providers upstream and selling insurance downstream to heterogeneous consumers. The equilibrium network is determined by two effects. On the one hand, the demand effect: insured value bigger networks. On the other hand, the adverse selection effect: bigger networks are relatively more attractive for high risk types. If the latter effect dominates the former, narrow networks are more profitable. As we focus on private contracting, our set-up is simpler with homogeneous providers and homogeneous consumers, constant treatment costs and no physician effort choice.

Finally, this paper is related to the industrial organization literature on private contracting. Papers in this literature specify agents' beliefs about contracts that are payoff relevant to

<sup>&</sup>lt;sup>1</sup>This is the opposite of the problem in Hart and Tirole (1990). There, retailers pay a manufacturer for a profitable opportunity and worry that they may not get enough customers; here providers fear that they get too many patients.

<sup>&</sup>lt;sup>2</sup>Unless other constraints are introduced like the limited-liability constraint in Ma and Riordan (2002).

them but which they do not observe. So-called passive beliefs are imposed by papers like Hart and Tirole (1990) and Segal (1999). With passive beliefs, a provider receiving a deviating contract from an insurer, still believes that other providers received the equilibrium contracts. We show that with passive beliefs, only fee-for-service contracts are used and no capitation (t=0). As a technical innovation, we do not specify provider beliefs, but characterize the set of contracts that make it incentive compatible for the insurer to truthfully reveal to providers the relevant details of all contracts offered.

The rest of this paper is organized as follows. The next section introduces the model. Then we consider a number of arguments based on public contracts of why bigger networks lead to higher health care costs. We explain why we do not find these explanations convincing. Section 4 introduces private contracts. It shows the trade-off between supply-side cost sharing and provider profits. As the network grows, the optimal fee-for-service increases and the capitation fee falls. For a big enough network, there is no capitation fee at all. Section 5 characterizes the equilibrium in the insurance market. We conclude with policy implications. Proofs of results can be found in the appendix.

# 2. Model

Consider a model with risk averse consumers (mass one) buying insurance at premium  $\sigma \geq 0$  with out-of-pocket payment  $\gamma \geq 0$  (demand side cost sharing) in case a patient needs treatment. A patient needs at most one treatment per period. Treatment is provided by homogeneous risk neutral providers with cost c > 0 per treatment. Risk neutral insurers pay providers using two-part tariffs with capitation fee t and fee-for-service p. That is, the provider receives p each time she treats a patient, while the fixed fee t is paid once; say at the beginning of the period.

As we will see, to reduce over-consumption of health care services, the insurer wants to pay a fee-for-service which is less than the cost of treatment, p < c (supply side cost sharing). The provider is compensated for this loss with t > 0. If the insured can only enroll with one provider, this provider receives the capitation fee per enrolled customer of the insurer. This is often how it works with a primary physician or family doctor. But requiring insured to enroll upfront with each possible specialist that may be needed in the coming period is not practical. In this case, people choose their specialist from the insurer's network once they need one. Hence, the capitation fee for provider  $P_i$  needs to take into account the probability that an insured falls ill and chooses  $P_i$ . One can think of t as a subscription fee: it gives the insured the right to be treated by the provider. An insurer pays t to the provider for each of its insured.

We follow Ma and McGuire (1997) in assuming that

$$p \ge 0 \tag{1}$$

Indeed, with p < 0 and  $\gamma \ge 0$  the patient and physician are better off not reporting the treatment to the insurer.

With probability  $\theta \in \langle 0, 1 \rangle$  the agent falls ill. We do not consider adverse selection issues:  $\theta$  is the same for all agents. The value of treatment v depends on the condition of the patient. The physician observes v. We assume that  $v \in [0, \bar{v}]$  is drawn from a distribution with cumulative distribution function F and density function f with f(v) > 0 for each  $v \in [0, \bar{v}]$ .

Taking into account the relation between physician and patient (Arrow, 1963; Ma and Riordan, 2002), we assume that they determine together whether the patient receives treatment or not.

The three relevant parameters are (for given c): value v of treatment for the patient (which the patient may or may not know), co-payment  $\gamma$  that patient needs to pay and fee-for-service p that provider receives from the insurer. We do not want to make very specific assumptions here. We assume that there exists a continuously differentiable function  $v(p, \gamma)$  such that a patient receives treatment if and only if  $v > v(p, \gamma)$ .

In words, patients with high enough "severity" (value of treatment) v are treated. The lower bound of who is treated is affected by financial incentives. Socially efficient treatment follows if  $v(p,\gamma) = c$ : a patient is treated if and only if the value of treatment v exceeds the cost of treatment v. If  $v(p,\gamma) > (<)c$  we say that there is under-(over-)treatment.

We make the following assumptions on the derivatives of v with respect to p and  $\gamma$ :

$$v_p(p,\gamma) \le 0, v_\gamma(p,\gamma) \ge 0 \tag{2}$$

As the provider receives a higher compensation from the insurer for treatment, she is more willing to treat a patient (threshold decreasing in p); as the patient faces a higher co-payment, he is less keen to be treated (threshold increasing in  $\gamma$ ).

What we have in mind is that the patient and physician come to some sort of agreement on whether to treat or not. As treatment becomes financially more attractive for the physician, she is more likely to suggest it. As it becomes more expensive for the patient, he may be more reluctant to undergo treatment (Aron-Dine et al., 2013). One way to model this is to assume that physician and patient jointly maximize the following objective function

$$\beta(p-c) + (1-\beta)(v-\gamma) \tag{3}$$

where  $\beta \in [0,1]$  captures the physician's bargaining power vis-a-vis the patient. This equation gives the value of treatment which is compared to the value of no treatment (normalized at) 0. The physician treats the patient if and only if (3) is positive; i.e.  $v(p,\gamma) = \gamma + \beta/(1-\beta)(c-p)$ . Such a set-up is rich enough to allow for the following cases. Efficient collusion  $(\beta = \frac{1}{2})$  between physician and patient: patient is treated if  $v+p-\gamma-c\geq 0$ . Physician induced demand  $(\beta>\frac{1}{2})$ : patient is treated because it is profitable for the physician even though patient's welfare may decrease  $(v(p,\gamma)<\gamma)$  if p-c>0.

We normalize the function v to rule out less interesting cases; that is, we assume

$$v(0,0) > c \text{ and } v(c,0) < c$$
 (4)

Cost c is high enough that there is under-treatment in case the physician receives zero fee-forservice (p = 0) and there is over-treatment if the physician is fully reimbursed (p = c); in both cases the patient faces no co-payment. In the former case, the physician is reluctant to give expensive treatment while this is not reimbursed to her at all (p = 0), in the latter, the patient -facing no costs- demands treatment while for the physician providing such treatment does not cost anything (p = c).

Hence, we rule out the case where there is either over-treatment or efficient treatment with p=0. In this case, the optimal p=0 and the analysis is rather trivial. Similarly, we rule out either under-treatment or efficient treatment at p=c. Again the optimal solution is straightforward in this case.

We capture the agent's risk aversion by a dis-utility function  $\delta(p, \gamma)$ ; think of this as the variance term in the agent's utility function. We normalize,<sup>3</sup> such that dis-utility for the agent

<sup>&</sup>lt;sup>3</sup>We don't do comparative statics with respect to  $\theta$ , hence this normalization is without loss of generality.

equals  $\theta\delta(p,\gamma)$  and make the following assumptions on  $\delta$ . First,  $\delta(p,0) = \delta_p(p,0) = 0$ : as  $\gamma = 0$  there is no dis-utility (for any value of p). Further,  $\delta_{\gamma}(p,\gamma) > 0$  at  $\gamma > 0$ : an increase in  $\gamma$  raises the dis-utility as the agent needs to pay more in case he needs treatment; in this sense the risk increases with  $\gamma$ .<sup>4</sup> Finally,  $\delta_p(p,\gamma) \geq 0$ : as p increases, patient is more likely to be treated (and has to pay  $\gamma$ ) because  $v_p(p,\gamma) \leq 0$ .

If the agent does not buy insurance, he goes to a provider in case he needs treatment. We assume that there is price competition on the uninsured market and treatment is a homogeneous good. Hence, the uninsured price equals  $p^u = c$  and uninsured utility is given by

$$V^{u} = \theta \int_{v(c,c)} (v-c)f(v)dv - \theta \delta(c,c)$$
(5)

Without insurance, patient pays  $\gamma^u = c$  for treatment and provider receives  $p^u = c$  (from the patient) for the treatment. Hence the threshold treatment is given by v(c,c). Sometimes, it is assumed that without insurance, efficient treatment choices are made. This would imply v(c,c) = c; although we allow for this, we do not impose it.

If the agent buys insurance at premium  $\sigma \geq 0$ , his utility equals:

$$V^{i} = \theta \int_{v(p,\gamma)} (v - \gamma) f(v) dv - \sigma - \theta \delta(p,\gamma)$$
(6)

An agent buys insurance if and only if  $V^i \geq V^u$ . We exclude the case where a patient is paid for undergoing treatment (i.e. we exclude  $\gamma < 0$ ). Further, without insurance the patient pays  $p^u = c$ , hence we have with insurance that

$$\gamma \in [0, c) \tag{7}$$

Consider the case with one provider  $P_1$  and one insurer  $I_a$ .  $P_1$ 's profits with contract p, t equal

$$\pi_1 = H(p, \gamma)(p - c) + t \tag{8}$$

where H denotes the probability that a patient is treated:

$$H(p,\gamma) = \theta(1 - F(v(p,\gamma))) \tag{9}$$

with –from equation (2)–  $H_{\gamma} \leq 0, H_{p} \geq 0$ .  $I_{a}$ 's profits equal

$$\pi_a = \sigma - H(p, \gamma)(p - \gamma) - t \tag{10}$$

As a benchmark, note that social welfare is maximized by implementing efficient care consumption  $v(p, \gamma) = c$  while minimizing  $\delta(p, \gamma)$ . Equation (4) implies that there exists  $p^* \in \langle 0, c \rangle$  such that

$$v(p^*, 0) = c \tag{11}$$

and  $\delta(p^*,0) = 0$ . To make sure that provider's expected profits are non-negative, capitation fee needs to be equal to at least  $t = H(p^*,0)(c-p^*)$ . Such a contract implements the first

<sup>&</sup>lt;sup>4</sup>In fact, there is also another effect: as  $\gamma$  increases, the probability that the patient gets treatment decreases because  $v_{\gamma} \geq 0$ . We assume that the direct effect of  $\gamma$  dominates this indirect effect.

best outcome. Only supply-side cost sharing is used  $(p^* < c)$ . Because the agent is risk averse,  $\gamma > 0$  would be inefficient and thus there is no demand-side cost sharing  $(\gamma = 0)$  in first best.

With public contracts, the first best outcome can be implemented also with competing risk neutral providers  $P_1, ..., P_N$ . Suppose the insurer contracts n of these providers, then  $p = p^*, t = H(p^*, 0)(c - p^*)/n$  leads to non-negative expected profits for providers. As providers are homogeneous, the probability that a patient visits  $P_i$ —conditional on being ill—equals 1/n. Hence, with public contracts, moral hazard can be solved by supply side cost sharing (only). This leaves the question why moral hazard in health care is still an issue.<sup>5</sup> Further, health care costs do not vary with the size of the network n and AWP laws have no effect on the outcome.

In section 4, we consider the effects of private contracting. First, we go over the arguments why –with public contracts– the size of the network can affect health care costs.

#### 3. Public contracts

In the introduction we suggested that there is evidence for the following two related findings: (i) as the size of an insurer's network increases, health care costs increase and (ii) AWP laws tend to raise health care costs; where AWP laws "require managed care plans to accept any qualified provider who is willing to accept the terms and conditions of a managed care plan" (Hellinger, 1995, pp. 297).

The existing literature uses arguments based on public contracting to explain the effect of network size on health care costs. In this section, we review the arguments and show that they are not convincing: although some can explain an effect on insurer expenditure, none leads to an effect on utilization and costs. We present the arguments in the context of our model above.

#### 3.1. threat to exclude

The first argument explains narrow networks by the threat to exclude. This threat enhances the insurer's bargaining power, leading providers to lower their prices.

In the model above, insurer  $I_a$  offers publicly each of the N providers a contract with

$$p^*, t^* = H(p^*, 0)(c - p^*)/N$$
(12)

where  $p^* < c$  is defined in (11). Each provider is willing to accept this contract and all providers are contracted in equilibrium. Similarly, if providers make the offers to the insurer (bidding game)<sup>6</sup>, they compete the price down to the same contract  $(p^*, t^*)$ . All these contracts are accepted by the insurer.

According to this reasoning, there is no relation between the size of the network n = N and either health care expenditure or costs. There can be an effect on price if I is under the obligation to contract with all N providers. Then each provider can claim part of the rent earned by the insurer in the bidding game, because the insurer cannot reject offers with  $t > t^*$ . Utilization and costs are not affected because the efficient contract remains optimal. But –even

<sup>&</sup>lt;sup>5</sup>One possible explanation is asymmetric information (about provider costs and/or quality). This is explored in Boone and Douven (2014).

<sup>&</sup>lt;sup>6</sup>The case where a monopoly insurer makes the offers to providers is then called an offer game (Segal and Whinston, 2003).

<sup>&</sup>lt;sup>7</sup>If providers claim more then the rents earned by I, the insurer closes down to earn its outside option.

with AWP laws—an insurer is not under the obligation to contract all providers nor to accept any contract offer that a provider makes; hence this case is not relevant.

Summarizing, the only thing that is needed, is the threat to exclude a provider. In the equilibrium of such a game, however, no provider is necessarily excluded. I offers insurance that maximizes consumer's value:  $p = p^*, \gamma = 0$ . Neither the size of the network nor AWP laws affect health care costs.

### 3.2. shifting volume

Another argument in favor of narrow networks is that shifting patient volume to a small number of providers leads to lower costs. To model this, we need increasing returns to scale (IRS). Consider the set up above with two providers. Provider i's cost per treatment is denoted  $c(x_i)$  where  $x_i$  denotes number of patients treated by  $P_i$  and  $c'(x_i) < 0$  captures IRS. Let  $X^*$  denote the total number of patients. To simplify the exposition, assume  $X^*$  is exogenous here.<sup>8</sup>. We have  $x_1 + x_2 = X^*$ . One option for I is to offer  $P_1$  a contract with  $p = 0, t = X^*c(X^*)$ . As c'(x) < 0, it is optimal for I to deal with only one provider. So this model explains why a network with only one provider leads to lower costs than a network with both providers.

Yet, we do not find this argument convincing for two reasons. First, it is not clear that in this model AWP laws raise health costs. To see why they may have no effect, consider the case where I offers a menu with two contracts: one contract  $p=0, t=X^*c(X^*)/2$  for the case of a network with 2 providers and  $p=0, t=X^*c(X^*)$  for a network with one provider. If one provider accepts the latter contract, the other provider has no incentive to join the network with the former contract. Hence, AWP laws do not affect the outcome in this set up. Indeed, the insurer does not exclude a provider; the provider is not willing to join the network.

Second, the main reason why IRS is not a very convincing explanation for a narrow provider network is that the optimal hospital size is quite modest. As pointed out by Haas-Wilson (2003, pp. 147) for hospitals "most scale economies appear to be exhausted at relatively low levels of output". Posnett (1999, pp. 1063) summarizing empirical studies notes that "research does not support any general presumption that larger hospitals benefit from economies of scale". In fact, dis-economies of scale can set in, making it optimal to spread an insurer's patient population over a number of hospitals.

#### 3.3. taste for variety

Horizontal product differentiation is also used as an explanation for why bigger networks lead to higher health care expenditure (not costs); Gal-Or (see, for instance, 1997). To illustrate this, assume that there is one insurer and two providers. The providers are located on a Hotelling beach of length 1 with provider 1 on position 0 and provider 2 on position 1. Let t denote the travel cost over the beach. When an agent buys insurance, he does not know yet where he ends up on the beach once he needs treatment; assume that each location between 0 and 1 is equally likely (uniform distribution for the agent). Intuitively, each provider may specialize in certain treatments and when buying insurance, the agent does not know yet which treatment he needs.

If the insurer contracts only one provider (exclusive contract), expected value of insurance for the agent equals  $u_e = \theta(v - \frac{1}{2}t)$  where v denotes the value of treatment once it is needed

<sup>&</sup>lt;sup>8</sup>More generally, in the set up above, let  $p^*$  denote a solution to  $c(H(p^*,0)) = v(p^*,0)$ , then  $X^* = H(p^*,0)$ .

and  $\frac{1}{2}t$  the expected travel cost. If both providers are contracted (common outcome), we have  $u_c = \theta(v - \frac{1}{4}t)$ . Hence, a monopoly insurer charges a higher premium if both providers are contracted:  $\sigma_c = u_c > u_e = \sigma_e$ . But the insurer offers the same prices to providers in both cases:  $p^*$  to ensure efficient treatment decisions (and a capitation fee to keep expected provider profits non-negative). Hence, health care costs in this case are unaffected, though a monopolist insurer charges a higher premium in case of a bigger network.

If providers make the offers, they can demand a higher capitation fee to appropriate part of the surplus associated with the common outcome.<sup>9</sup>

Although the distribution of rents is different depending on who makes the (public) offers, welfare and efficiency are unaffected. From a welfare point of view, capitation fees are transfers between parties without affecting treatment decisions or efficiency. Hence, this type of model cannot address efficiency concerns that smaller networks tend to reduce access to physicians and decrease treatments (Terhune, 2013).

# 3.4. heterogeneous providers or agents

Our model focuses on homogeneous providers and symmetric agents. Cost heterogeneity can also explain why bigger networks tend to have higher costs. However, it cannot explain well the two observations at the start of this section.

First, consider the case where providers have different costs and treatment decisions are exogenous. A narrow network –that only contracts the most efficient providers– has lower costs than a network that also contracts less efficient providers. To formalize this idea, some form of (horizontal) provider differentiation is needed (like the Hotelling set up above); otherwise, what is the value of contracting inefficient providers?

But in such a model it is hard to understand why AWP laws affect health care costs. Suppose the efficient providers treat patients at cost c per treatment, while less efficient providers have costs c' > c. Leaving capitation aside, <sup>10</sup> an insurer can offer a contract with fee-for-service p = c (or a slightly higher p). Any provider willing to treat at this price can accept the contract. Inefficient providers will not accept such a contract; AWP laws do not force insurers to offer contracts with  $p \ge c'$ . Further, this line of argument suggests that all narrow networks contract the same (efficient) providers. Although there is some overlap, the lack of overlap in a number of areas (Coe et al., 2013, pp. 9) makes this argument less convincing.

Second, agents with different expected health care costs and adverse selection. If providers are (perceived to be) differentiated in utility space, broader networks are more attractive to insured than narrow networks. It seems reasonable to assume that this preference is stronger for people with higher expected health care costs. Due to this effect, a cross section of insurers where some offer narrow and others broad networks tends to show that the broader networks have higher costs per capita (Cutler and Reber, 1998; Coe et al., 2013; Bardey and Rochet, 2010). But this argument is not directly convincing to explain why states with AWP laws tend to have higher health care costs. Admittedly, there can be some endogeneity here, but it is not

<sup>&</sup>lt;sup>9</sup>Using Bernheim and Whinston (1998), providers set  $p^*$  to maximize efficiency in both the common and exclusive case. Competition with exclusive contracts leads to zero rents for providers (as in the offer game we consider). With common contracts, each provider claims her contribution to the surplus as rent (here the reduction in expected travel cost  $\theta \frac{1}{4}t$ ). Gal-Or (1997) uses Nash bargaining to model the distribution of rents.

<sup>&</sup>lt;sup>10</sup>With capitation and endogenous treatment decisions, insurer offers  $p = p^*$  and capitation that covers the difference  $c - p^*$ . Providers with costs c' > c do not accept this contract.

clear that this can explain cost differences of 3%; see the analysis of Klick and Wright (2014) using state fixed effects. Further, adverse selection cannot explain the change in costs when a whole country moves from indemnity insurance, via managed care with narrow networks to a situation with broader networks (Cutler, 2004; Lesser et al., 2003).

#### 3.5. risk averse providers

Capitation contracts transfer risk from the insurer to the provider. We assume that providers are risk neutral; the capitation fee only needs to cover the expected loss from treatment. However, if providers are risk averse, insurers need to compensate them for this risk. Can this explain the relation between network size and health care costs?

The risk that a provider faces is the loss c-p>0 per treatment and the insurer has to pay a risk premium. To reduce the risk premium, the insurer offers  $p>p^*$ . This increases health care utilization and costs (compared to a situation with risk neutral providers). The effect of an increase in network size is, however, ambiguous. As network size n goes up, more providers need to be paid a risk premium; this tends to raise p and costs. However, as n increases, the probability that one provider incurs the loss c-p decreases: the risk is spread over more providers. If the latter effect dominates, p and costs tend to fall with n.

Further, as hospitals perform most operations hundreds of times a year, the law of large numbers would suggest that there is not that much risk at the provider level. Hence for routine treatments, the risk premium is not really an issue and  $p = p^*$ . With private contracts, the risk that providers face is not stochastic but strategic (influenced by the insurer).

This section briefly presented the main explanations for the relation between network size and health care costs in models with public contracting. We argued that these explanations are not convincing. The next section introduces a model with private contracting. As explained in the introduction, contracts between insurers and providers are, in fact, secret. Further, private contracts give a straightforward explanation why network size affects health care costs.

#### 4. Private contracts

The model that we use has two ingredients. First, contracts between insurers and providers are private (i.e. not publicly observable). Second, the number of patients treated by provider  $P_i$  depends on the fee-for-service p offered to other providers in the insurer's network. Initially, we capture the latter effect by assuming that insurers can guide patients to certain providers within their network.

We are interested here in implicit mechanisms by which insurers steer patients to providers. Explicit mechanisms to steer patients are excluding providers from the network and charging patients different co-payments for different providers. These mechanisms are explicit because they need to be specified in a consumer's insurance contract. Hence, these mechanisms are contractible for providers as well. Instead, we focus on ways to steer patients which are not verifiable for providers. Such implicit mechanisms include advising patients directly when they need to choose a provider. As insurers know how other customers fared with certain hospitals and physicians, they have relevant information for patients. Patients can contact their insurer to ask about this. Or the information can be presented on a web-site or in an app (De La Merced, 2014; Scott, 2011). Presenting providers in the network on a website in a certain order will affect

patients' choices. Finally, insurers can influence primary physicians to steer patients to certain providers and not to others (Ho and Pakes, 2013; Liu, 2013; Kirk, 2014). Such mechanisms are implicit as they cannot be verified by hospitals.

Although, (implicit) steering is plausible and simplifies the exposition, section 4.6 shows that this assumption is not necessary to get that  $P_i$ 's profits depend on  $p_j$  received by provider  $P_i$   $(j \neq i)$ .

Hart and Tirole (1990) introduced private contracts in the context of an upstream monopolist with downstream retailers. In their model, private contracting is a contracting inefficiency: the monopolist cannot commit to public contracts. If it could commit to such contracts, it would be better off. This is different in our model. In fact, due to competition, insurer profits are always zero. But provider profits are positive with private contracts where they would be zero with public contracts. Hence, providers actually have a stake in defending the confidentiality clauses in their contracts.

This section explains how private contracting affects the relation between network size and costs. Section 6 comes back to AWP laws.

# 4.1. capitation and implicit steering

In addition to the elements in section 2, we have the following model in mind. Insurers  $I_a, ..., I_m$ simultaneously and independently offer providers  $P_1, ..., P_N$  contracts with a fee-for-service pand capitation t. Without observing offers that other providers received, providers simultaneously and independently decide which offers to accept. This determines each insurer  $I_j$ 's network size  $n_i$ . Each insurer sells an insurance contract specifying its network, co-payment  $\gamma$ and premium  $\sigma^{12}$ . Since providers are homogeneous, an insurer's network is characterized by its size. As n and  $\gamma$  are specified in the insured's contract, these parameters are contractible for providers as well. Hence, the contracts that providers receive, are conditional on  $\gamma$ . As the insurer's choice of  $\gamma$  is payoff relevant to providers  $(H_{\gamma} \leq 0)$ , it is specified in its contracts with providers. This  $\gamma$  is then also used in the insurance contract sold to consumers. Because the probability of being treated depends on the fee-for-service, p is payoff relevant for consumers. However, p is not observed by them due to the private contracting between providers and insurers. Indeed, few people know the prices specified in providers' and insurers' contracts. But, as we show below, an insurer's network size signals p. Based on  $\sigma, \gamma, n$ , an agent decides whether to buy insurance and from whom. Once an insurer knows its number of customers, it pays t for each customer to the providers in its network.

Then consumers fall ill and need to go to a provider. As described above, we assume that insurers can steer consumers to providers. As providers are homogeneous, consumers do not object to this.<sup>14</sup> To keep things simple, we assume that patients do not incur (travel) costs to visit a provider. If a provider does not treat the patient, he can visit another provider in his

<sup>11</sup> Offers made by insurer  $I_i$  to provider  $P_j$  can be written as  $(p_{ij}, t_{ij})$ . To ease notation, we drop the subscript ij if this does not cause confusion.

<sup>&</sup>lt;sup>12</sup>Since consumers are identical, there is no need for an insurer to offer more than one contract.

<sup>&</sup>lt;sup>13</sup>In principle, we could consider co-payments that vary with provider. But because providers are homogeneous and  $\gamma$  is contractible, there is no reason to do so.

 $<sup>^{14}</sup>$ See Boone and Schottmüller (2014) for an analysis of the case where providers differ both in costs and in quality.

insurer's network (if there is one) etc.<sup>15</sup> If the patient is treated by a provider, the patient pays  $\gamma$  to the insurer and the provider receives p from the insurer.

Summarizing, timing of the game is as follows:

- 1.  $I_a, ..., I_m$  simultaneously, independently and privately make offers of the form  $(p, t, \gamma)$  to  $P_1, ..., P_N$
- 2. providers simultaneously and independently accept/reject offers; this gives  $I_j$ 's network size  $n_j$
- 3. each  $I_j$  announces premium  $\sigma_j$ , network size  $n_j$  and co-payment  $\gamma_j$  to consumers
- 4. consumers decide whether to buy insurance and from which insurer
- 5.  $I_j$  pays contracted  $t_j$  to providers for each insured customer
- 6. patients fall ill
- 7.  $I_i$  guides/steers patients to providers
- 8. provider  $P_i$  treating patient receives contracted  $p_{ij}$  from  $I_j$ ; patient pays  $\gamma_j$  to  $I_j$

Because of assumption (4), the insurer wants to set p < c to reduce over-consumption of health care. To compensate for the loss of treating a patient, providers are paid a capitation fee. When evaluating an offer (p,t), a provider needs to take into account the probability that she will treat an insurer's customer.

This is straightforward with public contracts. Consider an insurer who contracts two providers  $P_{1,2}$  with  $p_1 < p_2 < c$ . Then  $t_1 = H(p_1, \gamma)(c - p_1)$  as  $P_1$  understands that all patients from this insurer are first steered to her. Further,  $t_2 = (H(p_2, \gamma) - H(p_1, \gamma))(c - p_2)$  since  $P_2$  only treats patients that are not treated by  $P_1$ .

However, this does not work with private contracts. In particular, whereas the contract with provider  $P_i$  can specify the size of the network n and co-payment  $\gamma$  that insured have to pay (both are verifiable information),  $P_i$  does not know how  $p_i$  relates to the fee-for-service offered to other providers in the insurer's network. If  $p_i$  is the lowest fee offered in the network,  $P_i$  should expect to treat  $H(p_i, \gamma)$  patients; if there are providers  $P_j$  in the network with  $p_j < p_i$ ,  $P_i$  treats fewer patients than  $H(p_i, \gamma)$ .

As an example, consider  $I_a$  offering  $P_{1,2}$  prices  $p_1 \leq p_2 \leq c$  and  $t_1 = H(p_1, \gamma)(c - p_1)$  and  $t_2 = (H(p_2, \gamma) - H(p_1, \gamma))(c - p_2)^{17}$  If  $P_2$  cannot observe/contract on  $p_1$  and  $t_1$ , does she accept the contract above? We argue that she does not. If she would accept,  $I_a$  has an incentive to deviate and offer  $P_1$  the same contract  $p_2, t_2$ . For  $p_2$  close enough to  $p_1$ , paying for the probability of treatment  $H(p_2, \gamma) - H(p_1, \gamma)$  –even if it is paid twice— is less than paying for the probability  $H(p_2, \gamma)$ .

<sup>&</sup>lt;sup>15</sup>In equilibrium this happens only if providers receive different p's from a patient's insurer: see below.

<sup>&</sup>lt;sup>16</sup>Note that the nature of this contracting problem between insurers and providers differs depending on whether p > c or p < c. The relevant problem in our context is p < c. With p > c, treating the patient becomes a profitable opportunity and the provider is willing to pay the insurer for this opportunity (t < 0). This is the problem analyzed in Hart and Tirole (1990).

<sup>&</sup>lt;sup>17</sup>To ease notation, we will not always explicitly acknowledge that  $p_1 = p_2$  is also possible (but we do not exclude this possibility). With  $p_1 = p_2$  the lowest price, we think of H and  $t_i$  as satisfying  $t_1 = t_2 = \frac{1}{2}H(p_1, \gamma)$ .

Summarizing, with private contracts an insurer makes each provider  $P_i$  an offer  $(p_i, t_i)$ ; where the offer is conditional on public information about the insurer's network size n and co-payment  $\gamma$ . The insurer has payoff relevant information (prices  $p_j$  for  $j \neq i$ ) that  $P_i$  cannot observe but needs to know to evaluate the expected profits associated with  $(p_i, t_i)$ . There are two ways to proceed. First, given the offer  $(p_i, t_i)$ ,  $P_i$  forms beliefs about the other offers  $(p_j, t_j)$ . Second, the insurer truthfully reveals its private information. We use the latter route and come back to beliefs in section 4.5.

#### 4.2. truthful revelation

We take a mechanism design approach and characterize the set of contracts that make it incentive compatible (IC) for an insurer to reveal its private information truthfully to providers. As the insured do not observe the offers  $(p_i, t_i)$ , the insurer's revenues (from premiums paid by the insured) cannot depend on  $p_i, t_i$ . For a given network size, IC refers to I's total costs C (only). That is, IC implies that there is not a deviating contract that strictly reduces I's expected costs; taking the (contractible) network size as given.

Let  $x_i$  denote the true probability that a patient in the insurer's network is treated by  $P_i$  –given all of I's contracts— and  $\hat{x}_i$  denotes I's message to  $P_i$  of this probability. Given this message, I offers  $P_i$  a price per treatment  $p_i \leq c$  and a fixed fee  $t_i = \hat{x}_i(c - p_i)$ . We define the set of contracts where  $x_i$  is truthfully revealed as

$$A_{\gamma,n} = \{ (p, \hat{x}(c-p)) \in [0, c] \times \mathbb{R}_+ | \hat{x} \ge x \}$$
 (13)

where the set  $A_{\gamma,n}$  is conditional on contractible information  $\gamma, n$ . Given that x is truthfully revealed, a provider is willing to accept each contract in  $A_{\gamma,n}$ . A contract that is not in the set  $A_{\gamma,n}$  implies that  $\hat{x}$  is not truthful and providers reject such contracts.

**Proposition 1.** For each  $(p,t) \in A_{\gamma,n}$  we have that

$$t \ge H(p,\gamma)(c-p) \tag{14}$$

In words, a provider who receives offer (p,t) expects that p is the lowest price offered to all n providers in the network:  $\hat{x} = H(p,\gamma)$ . This is clearly sufficient for a contract to be in  $A_{\gamma,n}$ , the proof shows that it is also necessary.

Note that transfers t in the set A are, in fact, independent of the size of the network n. This is the cost for the insurer of using capitation contracts in a network with competing providers. Although capitation contracts lower health care consumption by setting p < c, each provider worries that patients are steered towards her first. Hence, the capitation fee exceeds the expected treatment loss for most providers.

At first sight, the ability to (implicitly) steer the patient hurts the insurer. It raises the capitation fees that an insurer has to pay. However, this is a blessing in disguise. First, note that by contracting only one provider this problem is resolved (recall that providers are homogeneous). Second, as we show shortly, the result in proposition 1 allows the insurer to signal its fee-for-service to the consumer.

#### 4.3. minimizing costs

Since  $p_i, t_i$  is not observed by final consumers, an insurer chooses its contracts with suppliers to minimize its costs:

$$C(n,\gamma) = \min_{p_i \le p_{i+1}} H(p_1,\gamma)(c-\gamma) + \sum_{i=2}^{n} \left[ (H(p_i,\gamma) - H(p_{i-1},\gamma))(p_i-\gamma) + H(p_i,\gamma)(c-p_i) \right]$$
(15)

where we order providers such that  $p_1 \leq p_2 \leq \ldots \leq p_n$  and  $t_i$  is chosen such that equation (14) holds with equality (no reason for I to give more than this). Provider  $P_1$  gets all patients to visit her first. She treats  $H(p_1, \gamma)$  patients. Hence, I spends  $H(p_1, \gamma)(p_1 - \gamma) + t_1 = H(p_1, \gamma)(c - \gamma)$  on this provider (in expected terms). If the patient is not treated by  $P_1$ , he will go for a "second opinion" and I steers him towards  $P_2$ . Provider  $P_i$  ( $i \geq 2$ ) receives  $t_i$  and treats  $H(p_i, \gamma) - H(p_{i-1}, \gamma)$  patients. I spends  $(H(p_i, \gamma) - H(p_{i-1}, \gamma))(p_i - \gamma) + H(p_i, \gamma)(c - p_i)$  on this provider. This leads to a profit for  $P_i$  equal to

$$\pi_i = H(p_{i-1}, \gamma)(c - p_i) \tag{16}$$

 $P_i$  gets capitation fee based on treatment probability  $H(p_i, \gamma)$ , while the probability that she actually treats equals  $H(p_i, \gamma) - H(p_{i-1}, \gamma)$ . As illustrated in figure 1,  $H(p_{i-1}, \gamma)$  of the patients are not treated by  $P_i$  and she makes a profit on these patients.

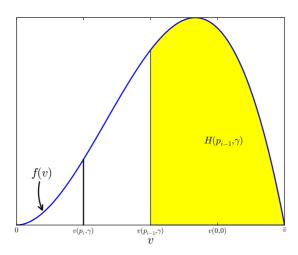


Figure 1: Provider  $P_i$  makes a profit over  $H(p_{i-1}, \gamma)$  patients not treated by her.

Hence, although providers are homogeneous and insurers make take-it-or-leave-it offers, providers make strictly positive profits if  $n \ge 2$  and  $p_n < c$ . Define total provider profits as

$$\Pi_P(\gamma, p_1, \dots, p_n) = \sum_{i=1}^n \pi_i = \sum_{i=1}^{n-1} H(p_i, \gamma)(c - p_{i+1})$$
(17)

It is routine to verify that (15) can be written as

$$C(n,\gamma) = \min_{p_i \le p_{i+1}} H(p_n,\gamma)(c-\gamma) + \Pi_P(\gamma, p_1, \dots, p_n)$$
(18)

The first term is the expected cost of treating the patient. If the patient falls ill, the probability that he is treated (at all) equals  $H(p_n, \gamma)$  with  $p_n$  the highest fee-for-service in the network. If provider profits would be zero, the first term would be I's treatment cost. The second term equals total providers' profits.

#### 4.4. optimal fee-for-service

With n=1, provider profits equal 0 and costs are minimized by minimizing the treatment probability. For given  $\gamma$ , the profit maximizing fee-for-service p=0. With  $n\geq 2$ , the trade-off faced by the insurer is the following. If it sets the highest  $p_n=0$ , utilization is low but provider profits  $\Pi_P$  are high. Setting the lowest  $p_1=c$ , leads to  $\Pi_P=0$  but a high probability of treatment.

Before characterizing the equilibrium in the insurance market, we need to characterize the effects of the co-payment  $\gamma$  and network size n on insurer's costs C and highest price  $p_n$ . We assumed that patients face no costs visiting providers. Hence, for insured the relevant variable is the probability that they get treatment (at all) which is determined by  $p_n$ .

**Proposition 2.** Costs  $C(n, \gamma)$  are decreasing in  $\gamma$  and increasing in n for  $p_n < c$ . Highest price  $p_n$  is weakly increasing in n.

Increasing the co-payment  $\gamma$  reduces costs directly (as patients pay a bigger contribution to the cost) and indirectly by reducing the probability of treatment  $(H_{\gamma} \leq 0)$ .

Increasing network size n raises costs (unless  $p_n = c$ ; then adding more providers does not affect costs as  $t_n = 0$ ).<sup>18</sup> As more providers need to be contracted, low  $p_n$  becomes more expensive and hence  $p_n$  tends to rise with n. Hence, we find that health care utilization and costs increase with network size because  $H_p dp_n/dn \ge 0$ .

This is our explanation for the observations in the introduction that bigger networks tend to go hand in hand with higher health costs. As the network grows, using capitation contracts with low fee-for-service becomes more expensive. Therefore, fee-for-service increases with network size and thus health care utilization and costs increase with network size.

As shown in the proof of the proposition, the effect of  $\gamma$  on  $p_n$  is ambiguous. On the one hand, higher  $\gamma$  reduces the treatment cost  $c - \gamma$ ; hence the insurer is willing to choose higher  $p_n$  and treat more patients. On the other hand, higher  $\gamma$  implies –ceteris paribus  $p_{n-1}$  that  $P_{n-1}$  treats fewer patients and hence a lower profit has to be paid to  $P_n$ . This leads the insurer to choose lower  $p_n$ . Finally, there is the interaction effect  $H_{p\gamma}$  on which we have not made any assumptions. Hence, we cannot sign  $dp_n/d\gamma$ ; neither do we need to sign it.

**Example 1.** Assume that  $v \in [0, 2]$  with  $f(v) = 1 - \frac{1}{2}v$ . Patient is treated if and only if (3) is non-negative. There are two providers  $P_{1,2}$ . Consider the case with  $\gamma = 0$ . Then it is routine to verify that

$$H(p,0) = \frac{\theta}{4} \left( \frac{\beta}{1-\beta} (c-p) - 2 \right)^2 \tag{19}$$

If I contracts with  $P_1$  only (n = 1), it is optimal to set  $p_1^1 = 0, t_1^1 = H(0,0)c$  —where the superscript denotes network size n. Health care costs equal C(1,0) = H(0,0)c

<sup>&</sup>lt;sup>18</sup>In fact, if  $p_n = c$ , we have  $p_i = c$  for each provider i.

If I contacts with both providers (n = 2), it is still optimal to set  $p_1^2 = 0, t_1^2 = H(0, 0)c$ . Optimal  $p_2^2$  depends on parameter values. I's costs as a function of  $p_2$  can be written as

$$C = H(0,0)c + (H(p_2,0) - H(0,0))p_2 + H(p_2,0)(c - p_2)$$
(20)

Figure 2 draws C as a function of  $p_2$  for parameter values:  $\beta = 0.75, c = 0.2, \theta = 0.1$ . Cost minimizing  $p_2^2 \in [0, c]$  is an interior solution. As the size of the network increases, more patients are treated  $(p_2^2 > p_1^1 = 0)$  and health care costs equal C(2,0) > H(0,0)c = C(1,0).

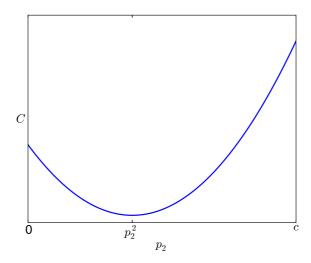


Figure 2: Cost minimizing fee-for-service  $p_2$  for provider  $P_2$ .

#### 4.5. passive beliefs

In this paper, we focus on the set of offers where I truthfully reveals  $x_j$  to each  $P_j$ , in the sense of equation (13). An alternative that is often used in the literature on private contracting is to assume passive beliefs (see, for instance, Hart and Tirole, 1990; Segal, 1999). We argue that with passive beliefs it is not possible to use capitation contracts to reduce over-treatment.

With passive beliefs, a provider receiving a deviating offer believes that all other providers still received their equilibrium offer. Then there is only an equilibrium with  $p_i = c$  for all i. Suppose not, that is consider an equilibrium with  $p_1 \leq p_2 < c$ . Then a deviating offer with  $\tilde{p}_2 = p_1 + \varepsilon, \tilde{p}_1 = p_2 + \varepsilon$  leads to  $\tilde{t}_2 = (H(p_1 + \varepsilon, \gamma) - H(p_1, \gamma))(c - p_1) \approx 0 < t_1$  and  $\tilde{t}_1 = (H(p_2 + \varepsilon, \gamma) - H(p_2, \gamma))(c - p_2) \approx 0 < t_2$ . Hence such a deviation is always profitable for I. Therefore, with passive beliefs there are only fee-for-service contracts in equilibrium and no capitation fees:  $p_i = c, t_i = 0$  for each i.

#### 4.6. no steering

We assume that patients have no preference for a particular provider and allow the insurer to guide them to a provider in the network. This simplifies notation, but is not essential for the

<sup>&</sup>lt;sup>19</sup>Sometimes wary beliefs are used in this context (see for instance Rey and Vergé, 2004; McAfee and Schwartz, 1994). With wary beliefs, a provider receiving contract  $(p_i, t_i)$  asks: given this contract, what are the cost minimizing contracts that I offers the other providers? As we have imposed little structure on our primitives, this question cannot be easily answered.

results. To illustrate this, we sketch a model where a fraction  $\alpha \in [0, 1]$  of insured chooses a provider on their own without consulting with their insurer.

Assume that there are two providers  $P_{1,2}$  in insurer I's network. A fraction  $\alpha$  of insured, simply visits the provider that is closest to where they live; say,  $\frac{1}{2}\alpha$  go to  $P_1$  first and  $\frac{1}{2}\alpha$  to  $P_2$ . If they are not treated by their chosen provider, they visit the other one.

Assume  $p_1 < p_2$ . How many patients are treated by each provider? First, consider  $P_1$ : she is visited by  $\frac{1}{2}\alpha$  patients living close to her and  $1 - \alpha$  patients guided by the insurer:

$$\frac{1}{2}\alpha H(p_1, \gamma) + (1 - \alpha)H(p_1, \gamma) = H(p_1, \gamma)(1 - \frac{1}{2}\alpha)$$
(21)

A fraction  $\frac{1}{2}\alpha$  go to  $P_2$  directly, whereas  $1 - \frac{1}{2}\alpha$  go to  $P_1$  first. Of these  $1 - \frac{1}{2}\alpha$  patients, a fraction  $H(p_1, \gamma)$  is treated by  $P_1$  and  $H(p_2, \gamma) - H(p_1, \gamma)$  is treated by  $P_2$ . Total number of patients treated by  $P_2$  is given by

$$\frac{1}{2}\alpha H(p_2,\gamma) + (1 - \frac{1}{2}\alpha)(H(p_2,\gamma) - H(p_1,\gamma)) = H(p_2,\gamma) - (1 - \frac{1}{2}\alpha)H(p_1,\gamma)$$
 (22)

That is, total number of patients treated by the network is  $H(p_2, \gamma)$ ,  $(1 - \frac{1}{2}\alpha)H(p_1, \gamma)$  of these are treated by  $P_1$ . For each  $\alpha \in [0, 1]$ , the probability that  $P_2$  treats a patient depends on  $p_1$  and we need the insurer to reveal  $p_1$  truthfully to  $P_2$ . As  $\alpha$  increases, the effect of  $p_1$  on  $P_2$ 's costs becomes smaller, but it does not disappear. Even with  $\alpha = 1$ , the patients not treated by  $P_1$  will come to  $P_2$  and hence  $P_2$ 's profits depend on  $p_1$ .

# 5. Insurance market

In this section, we characterize the equilibrium on the health insurance market. As an illustration, we show that people with higher income prefer an insurer with a broader network (higher n).

We assume Bertrand competition between insurers. Consumers do not observe contracts (p,t) between insurers and providers. Hence, consumers' valuation of health insurance contracts cannot depend on these. Consumers do observe  $n, \gamma, \sigma$  and base their valuation of an insurance contract on these. Insurers that offer the same network size n and co-payment  $\gamma$ , offer homogeneous products. As consumers are all the same, Bertrand competition between insurers leads them to offer the same contract  $n, \gamma$  at an insurance premium equal to  $\sigma = C(n, \gamma)$ . The probability that an insured patient is treated (at all) depends on the highest contracted fee-for-service  $p_n$  which we denote by  $p(n, \gamma)$ .

Insurers choose  $n, \gamma$  to maximize consumers' valuation of insurance

$$V^{i} = \theta \int_{v(p(n,\gamma),\gamma)} (v - \gamma) f(v) dv - C(n,\gamma) - \theta \delta(p(n,\gamma),\gamma)$$
 (23)

Using (18), we write this as

$$V^{i} = \theta \int_{v(p(n,\gamma),\gamma)} (v-c)f(v)dv - \Pi_{P}(\gamma, p_{1}(n,\gamma), \dots, p_{n}(n,\gamma)) - \theta \delta(p(n,\gamma),\gamma)$$
 (24)

To ease notation, we use the following shorthands:

$$\bar{v}(n,\gamma) = v(p(n,\gamma),\gamma) \tag{25}$$

$$\bar{\delta}(n,\gamma) = \delta(p(n,\gamma),\gamma) \tag{26}$$

$$\bar{\Pi}_P(n,\gamma) = \Pi_P(\gamma, p_1(n,\gamma), \dots, p_n(n,\gamma)) \tag{27}$$

$$\Delta \bar{\delta}(n,\gamma) = \bar{\delta}(n+1,\gamma) - \delta(n,\gamma) \tag{28}$$

$$\Delta \bar{\Pi}_P(n,\gamma) = \bar{\Pi}_P(n+1,\gamma) - \bar{\Pi}_P(n,\gamma) \tag{29}$$

Now we can characterize the optimal n and  $\gamma$ .

**Proposition 3.** For given  $\gamma$ , the optimal network size n satisfies:

$$\Delta\Pi_{P}(n-1,\gamma) \le \theta \left( \int_{\bar{v}(n,\gamma)}^{\bar{v}(n-1,\gamma)} (v-c)f(v)dv - \Delta\bar{\delta}(n-1,\gamma) \right)$$
(30)

$$\Delta\Pi_{P}(n,\gamma) \ge \theta \left( \int_{\bar{v}(n+1,\gamma)}^{\bar{v}(n,\gamma)} (v-c)f(v)dv - \Delta\bar{\delta}(n,\gamma) \right)$$
(31)

For given n, the optimal co-payment  $\gamma$  is determined by

$$\frac{d\bar{\Pi}_P(n,\gamma)}{d\gamma} \ge \theta \left( (c - \bar{v}(n,\gamma)) f(\bar{v}(n,\gamma)) \bar{v}_\gamma(n,\gamma) - \bar{\delta}_\gamma(n,\gamma) \right) \tag{32}$$

where the inequality is strict at  $\gamma = 0$  only.

Optimal network size is a trade-off between providers' profits and consumer utility. By increasing the network size,  $p(n, \gamma) = p_n$  increases and patients are treated more often (proposition 2). This increases the utility of treatment in case of under-treatment  $(\bar{v} - c > 0)$  and raises the dis-utility of risk aversion (in case  $\gamma > 0$ ). The effect on provider profits can be both positive and negative.

Equation (30) implies that moving from a network with n-1 to n providers increases  $V^i$ : consumer utility increases more than profits. But increasing to n+1 reduces  $V^i$ : profits increase more than consumer utility in (31).

To get some more intuition, assume that the optimal  $\gamma = 0$ . That is,  $\Delta \bar{\delta}(n,0) = 0$  and the trade-off is between over/under-treatment and the effect of n on profits. Recall that the latter effect is non-monotone as  $\Pi_P = 0$  both for n = 1 and for n high enough that  $p_n = c$ . Now equation (31) implies that under-treatment is possible (integral positive) if provider profits  $\Pi_P$  increase with n. Similarly, (30) implies that over-treatment ( $\bar{v}(n-1,\gamma) < c$ ) can happen if provider profits fall with n.

The optimal co-payment  $\gamma$  is also determined by the trade-off between over/under-treatment and consumer dis-utility on the one hand and provider profits on the other. If  $\bar{v} < c$ , an increase in  $\gamma$  reduces over-treatment which raises the value of insurance ex ante. In this case,  $\gamma = 0$  can only be optimal if the costs  $\theta \bar{\delta} + \bar{\Pi}_P$  increase fast with  $\gamma$ . If this is not the case, the optimal  $\gamma > 0$  and (32) holds with equality.

With public contracts it is straightforward to implement first best  $p^*$  and  $\gamma = 0$ . With private contracts this is not the case. First, the relation between p and n is determined by the

insurer's cost side only (without reference to consumer valuation). Hence, generically speaking there is no  $n^*$  such that  $p(n^*, 0) = p^*$ . Even if such  $n^*$  would exist, equations (30) and (31) imply that the effect of n on provider profits may induce  $n \neq n^*$ .

Hence, the model with private contracts explains why moral hazard in health care is still an issue. It cannot be easily resolved with a combination of demand and supply side measures.

**Example 1** (Continued). Now we derive the network size and co-payment that maximizes  $V^i$ . With the parameter values introduced above, we find the following. With n = 1, we have v(0,0) = 0.60, C = 0.01. Since 0.60 > 0.20 = c, there is under-treatment and  $\gamma = 0$ . With n = 2, we get  $p_2 = 0.08$ , v(0.08,0) = 0.36, C = 0.02. Since 0.36 > 0.2, there is still under-treatment –hence  $\gamma = 0$  with n = 2— but less so than with n = 1. Consequently, total costs are higher with n = 2. The increase in treatment value equals

$$\int_{0.36}^{0.60} vf(v)dv = 0.08 \tag{33}$$

Hence, moving from n = 1 to n = 2 yields an increase in  $V^i$  equal to 0.08 - (0.02 - 0.01) > 0. In this example, it is optimal for an insurer to contract both providers.

To illustrate the results, we give a simple formalization of the idea that people with higher income tend to buy insurance featuring a bigger network. To simplify notation, assume that the optimal  $\gamma = 0$ . Let  $1/\mu$  denote the marginal utility of income, where people with higher income, have higher  $\mu > 0$ . Then we write equation (24) as

$$V^{i} = \theta \int_{v(p(n,0),0)} vf(v)dv - \frac{1}{\mu}C(n,0)$$
(34)

Then equation (30) can be written as

$$\Delta\Pi_{P}(n-1,0) \le \theta \int_{\bar{v}(n,0)}^{\bar{v}(n-1,0)} (v - \frac{c}{\mu}) f(v) dv$$
 (35)

and higher  $\mu$  leads to higher n. Note that in a cross section with agents with different  $\mu$ 's, different insurance contracts will be offered with varying network size. Each  $\mu$ -type chooses the contract that is optimized for her; there are no incentive compatibility issues here.<sup>20</sup>

# 6. Policy implications

We have introduced a model where competing insurers use two instruments to control overconsumption in health care: demand-side and supply-side cost sharing. Whereas the former is

<sup>&</sup>lt;sup>20</sup>Analyzing adverse/advantageous selection in this model is beyond the scope of this paper. To illustrate why, assume that high risk types have a distribution function  $F^h$  and low risk types  $F^l \geq F^h$ . That is, conditional on falling ill, high risk types tend to draw higher v than low risk types (in the sense of first order stochastic dominance). Then single crossing may not be satisfied in this example. That is, at n=1, h-types may have a stronger preference for an increase in n than l-types, while for higher n the opposite is true. Indeed, for high n,  $F^i(\bar{v}(n-1,\gamma)) - F^i(\bar{v}(n,\gamma))$  may be smaller for i=h than for i=l. See Boone and Schottmüller (forthcoming) for an analysis of health insurance when single crossing is not satisfied. As mentioned, Bardey and Rochet (2010) analyze optimal network size in a model with adverse selection.

publicly observable and contractible (insured need to know their co-payments) the latter is not. Neither consumers nor other providers dealing with an insurer know the details of the contract between the insurer and a provider, although this information is payoff relevant to them.

This has three implications. First, using "aggressive" capitation contracts (with a low feefor-service) becomes expensive for an insurer as its network expands. Second, homogeneous providers earn strictly positive profits in a network with at least two providers and a fee-forservice below treatment cost. Third, insurers with a big network signal generous insurance to consumers: they pay a high fee-for-service making their physicians relatively willing to treat. This explains why insurers with bigger networks tend to have higher health care costs: patients are more likely to get treatment.

This section considers the implications of this model for two policies: AWP laws and initiatives to make prices more transparent.

We start by analyzing the effects of AWP laws. As a first observation, in reality contracts between providers and insurers are private (see Introduction). It is not clear how AWP laws deal with this. From a theory point of view, an insurer has to contract with any willing provider, but with private contracts it could just offer a loss making contract (low p and low t, e.g. p = t = 0) to providers it would rather not deal with. In practice, AWP laws "require managed care plans to explicitly state evaluation criteria and ensure "due process" for providers wishing to contract with the plan" (Hellinger, 1995, pp. 297). For the purpose of our model, let's assume that it is harder for an insurer to exclude a provider under AWP laws. That is, even though the insurer would rather not contract  $P_i$ , this provider can go to court and force a contract in a state with AWP laws.

Observe that with private contracts, provider profits can be strictly positive and hence an excluded provider has an incentive to join an insurer's network. This in contrast to public contract models in section 3, where contracts can be chosen such that provider profits are zero. Hence, there is no strict incentive for a provider to join a network. Further with public contracts, even if more providers join a network, there is no effect on the health care costs of the network.

With private contracts, if an additional insurer joins the network, the fee-for-service tends to increase. Hence, if AWP laws lead to bigger networks, they will also increase health care consumption and costs. This is consistent with evidence cited in the Introduction. With Bertrand competition and homogeneous goods on the insurance market, insurers choose network size to maximize consumer value. AWP laws then unambiguously reduce welfare by forcing insurers to increase their network size. This conclusion does not necessarily follow with insurer market power as the network size may not be optimal in this case.

Discussions of policy initiatives to increase price transparency in health care provision usually focus on the bargaining effects and the risk of collusion (see e.g. Cutler and Dafny, 2011; Sinaiko and Rosenthal, 2011). There is agreement that patients should know the prices that they have to pay themselves; either through co-payments or by paying for uninsured treatments. But should there be transparency about the prices paid by insurers/managed care organizations to providers? Currently these prices are secret, what happens when they become public?

The bargaining effect from the literature can be illustrated as follows. Suppose that provider  $P_1$  has agreed to a low price with insurer  $I_a$  while charging  $I_b$  a high price. If these prices become public,  $I_b$  will demand a low price as well, making  $P_1$  less likely to agree to such a low price in the first place. This suggests that price transparency raises prices. But this argument is

not quite complete: suppose  $I_b$  pays a low price to  $P_2$ ; if prices become public,  $I_b$  may be less willing to pay a high price to  $P_1$  as it fears that  $P_2$  will demand this high price as well. Hence, price transparency reduces the price  $I_b$  pays to  $P_1$ . In other words, the bargaining effect of price transparency is ambiguous.

The collusion argument goes as follows. Suppose providers try to form a cartel to charge insurers high prices. With secret contracts it is hard to detect a deviation from the cartel agreement making it hard to coordinate on a high price. With public prices, deviations are immediately detected and the cartel can sustain higher prices (Albaek et al., 1997).

Implicit in this analysis are two assumptions. First, prices are only transfers with no effects on health outcomes. Second, people are insured and therefore not interested in the prices that insurers pay to providers (conditional on the premium that they pay). As we have argued above, these assumptions are generally incorrect and therefore important effects of price transparency are overlooked.

First, as argued by the literature on supply-side cost sharing, prices are not neutral (see e.g. Ellis and McGuire, 1993; Chandra et al., 2011). Higher fee-for-service leads to more treatments. Starting from a situation with under-treatment, such a price increase can be welfare enhancing. The analysis above takes this effect into account.

Second, the prices paid by insurers to providers affect the insurance premium. The premium is clearly relevant for insured. But because of the previous effect, insured are interested in the prices paid to providers even ignoring the effect on the premium. Indeed, these prices affect the probability that the insured gets treatment when falling ill.

Taking these effects into account, what are the effects of more price transparency in our framework? We argue that this depends on the degree of price transparency. If prices can become fully transparent to everyone, reforms to implement this transparency are welfare enhancing. Indeed, with public contracts it is possible to implement the first best. However, if prices only become partially transparent, we argue that these reforms reduce welfare. So when it comes to policies to increase price transparency the motto should be: do it well or not at all. This can be seen as follows.

Consider the case where prices become public to all providers, insurers and consumers. Then we are in the framework of section 3 and the first best can be implemented:  $p = p^*, \gamma = 0$ . This improves welfare compared to private contracts. However, making prices transparent to consumers is not going to be easy. We know that for treatments that patients actually use, they find it hard to understand what the price is (Rosenthal, 2014). Here we are considering a consumer who buys insurance—and therefore does not yet know what treatments he will need in the coming period—knowing all prices that his insurer will pay to the providers in the network. It is hard to envisage a policy that can increase transparency to such an extent.

The more likely effect will then be that prices become transparent to providers and insurers but not to consumers buying insurance. Then the effect is that insurers can implement aggressive capitation contracts with p=0 without leaving profits to insurers. The size of the network no longer signals the fee-for-service, as p=0 can be implemented for any network size at no additional cost with public contracts. As the  $n \geq 2$  providers see each others' contracts, each expects to treat  $H(0,\gamma)/n$  patients. They are willing to accept a contract with capitation  $t=cH(0,\gamma)/n$ The effect of this degree of price transparency is that health care costs will fall. At first sight, the policy may then look successful. However, with p=0 there is under-provision of health care and hence the welfare consequences are not necessarily positive.

Summarizing, AWP laws tend to increase health care costs. If the insurance market is competitive, AWP laws tend to reduce welfare. If price transparency policies can make prices public to consumers, first best can be implemented and welfare increases. However, it seems more likely that prices become transparent to insurers and providers only. In that case, health care costs fall but so may welfare.

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# A. Proof of results

# Proof of proposition 1

Consider two offers  $(p_i, t_i), (p_j, t_j) \in A_{\gamma,n}$  resp. with  $p_j < p_i < c$  and other providers (in case  $n \geq 3$ ) receive offers  $p_k > p_i$ . Hence  $x_j = H(p_j, \gamma)$  and  $x_i = H(p_i, \gamma) - H(p_j, \gamma)$ . Then expected costs for the insurer are given by

$$C = x_i(p_i - \gamma) + \hat{x}_i(c - p_i) + x_j(p_j - \gamma) + \hat{x}_j(c - p_j)$$
(A.1)

One possible deviation is to offer both providers  $(p_i, t_i)$ — which is accepted as  $(p_i, t_i) \in A_{\gamma,n}$ . This leads to costs

$$\tilde{C} = (x_i + x_j)(p_i - \gamma) + 2\hat{x}_i(c - p_i) \tag{A.2}$$

There is no incentive to deviate if and only if  $\tilde{C} - C \ge 0$ . It is routine to verify that this can be written as

$$x_j(p_i - p_j) + \hat{x}_i(c - p^i) - \hat{x}_j(c - p_j) \ge 0$$
 (A.3)

Clearly,  $(p_j, x_j(c - p_j)) \in A_{\gamma,n}$  with  $\hat{x}_j = x_j = H(p_j, \gamma)$ . Thus the following inequality needs to be satisfied:

$$-x_j(c-p_i) + \hat{x}_i(c-p_i) \ge 0$$
 (A.4)

Finally, let  $p_j$  approach  $p_i$  from below. Then this inequality implies that  $\hat{x}_i \geq x_j$  which converges to  $H(p_i, \gamma)$ ; that is,  $\hat{x}_i \geq H(p_i, \gamma)$ .

# Proof of proposition 2

As in the main text, we use the convention where  $p_1 \leq p_2 \leq \ldots \leq p_n$ . Define the function for provider profits  $\Pi_P^*(n, p, \gamma)$  —which is different from (17)—as follows

$$\Pi_P^*(n, p, \gamma) = \min_{p_i \le p} \sum_{i=1}^{n-1} H(p_i, \gamma)(c - p_{i+1})$$
(A.5)

where  $p_n$  is optimally chosen such that  $p_n = p$ . Hence we find that

$$\frac{\partial \Pi_P^*(n, p, \gamma)}{\partial p} = -H(p_{n-1}, \gamma) < 0 \tag{A.6}$$

We can write

$$C(n,\gamma) = \min_{p_n} \Pi_P^*(n,p_n,\gamma) + H(p_n,\gamma)(c-\gamma)$$
(A.7)

The first order condition for an interior solution for  $p_n$  can be written as

$$-H(p_{n-1}, \gamma) + H_p(p_n, \gamma)(c - \gamma) = 0$$
(A.8)

If the expression on the left hand side is positive at  $p_n = 0$ , then costs are minimized by choosing  $p_n$  as low as possible and we find  $p_n = 0$  and consequently  $p_1 = p_2 = \ldots = p_n = 0$ . If the expression on the left hand side is negative at  $p_n = c$ , then costs are minimized by choosing  $p_n \leq c$  as high as possible; that is  $p_n = c$ .

We need to establish the effects of  $\gamma$ , n on C and of n on  $p_n$ . First, consider the effect of  $\gamma$  on C. Using the envelope theorem, we have

$$\frac{\partial C(n,\gamma)}{\partial \gamma} = H_{\gamma}(p_n,\gamma)(c-\gamma) - H(p_n,\gamma) + \sum_{i=1}^{n-1} H_{\gamma}(p_i,\gamma)(c-p_{i+1}) < 0$$
 (A.9)

Second, to find the effect of n on C, start with  $C(n, \gamma)$  and assume that prices  $p_1 \leq \ldots \leq p_n < c$  minimize these costs. Moving from n back to n-1, drop  $P_n$ 's contract:

$$C(n-1,\gamma) \le H(p_{n-1},\gamma)(c-\gamma) + \sum_{i=1}^{n-2} H(p_i,\gamma)(c-p_{i+1}) < C(n,\gamma)$$
 (A.10)

where the first inequality follows because  $p_1, \ldots, p_{n-1}$  may not lead to lowest  $C(n-1, \gamma)$  and the second inequality follows from  $H(p_{n-1}, \gamma) \leq H(p_n, \gamma), \gamma < c$  and  $H(p_n, \gamma)(c - p_n) > 0$ .

Before, we derive the effect of n on  $p_n$ , we need the first order condition for an interior solution of  $p_i$   $(i \le n-1)$  in (A.5):

$$H_p(p_i, \gamma)(c - p_{i+1}) - H(p_{i-1}, \gamma) = 0$$
(A.11)

with  $H(p_0, \gamma) = 0$  (as firms are indexed  $i \ge 1$  and hence "provider" 0 –by convention– treats no patients). If the expression (on the left hand side) is positive, then  $p_i$  is chosen as low as possible:  $p_i = p_{i-1}$ . If it is negative,  $p_i$  is chosen as high as possible:  $p_i = p_{i+1}$ .

Next, we write

$$C(n+1,\gamma) = \min_{p_n \le p_{n+1}} \prod_{P}^* (n, p_n, \gamma) + H(p_n, \gamma)(c - p_{n+1}) + H(p_{n+1}, \gamma)(c - \gamma)$$
(A.12)

The derivatives of this expression with respect to  $p_n^{n+1}$ ,  $p_{n+1}^{n+1}$  (price paid to  $P_n$ ,  $P_{n+1}$  when the size of the network is n+1) can be written as:

$$-H(p_n^{n+1},\gamma) + H_p(p_n^{n+1},\gamma)(c-p_{n+1}^{n+1})$$
(A.13)

$$-H(p_n^{n+1}, \gamma) + H_p(p_{n+1}^{n+1}, \gamma)(c - \gamma)$$
(A.14)

The claim in the proposition is that  $p_{n+1}^{n+1} \ge p_n^n$ . Suppose -by contradiction- this is not the case:  $p_{n+1}^{n+1} < p_n^n$ , then we also have  $p_n^{n+1} \le p_{n+1}^{n+1} < p_n^n$ . Hence evaluating (A.13) and (A.14) at  $p_n^{n+1} = p_{n+1}^{n+1} = p_n^n$ , it must be the case that both expressions are positive (i.e. evaluated at  $p_n^{n+1} = p_{n+1}^{n} = p_n^n$ , it is optimal to reduce  $p_n^{n+1}, p_{n+1}^{n+1}$ ):

$$-H(p_n^n, \gamma) + H_p(p_n^n, \gamma)(c - p_n^n) > 0$$
(A.15)

$$-H(p_n^n, \gamma) + H_p(p_n^n, \gamma)(c - \gamma) > 0 \tag{A.16}$$

Now consider two possibilities for the first order condition of  $p_n^n$  (A.8). First,

$$-H(p_{n-1}^{n}, \gamma) + H_p(p_n^{n}, \gamma)(c - \gamma) \le 0$$
(A.17)

Combining this with (A.16), leads to

$$-H(p_n^n, \gamma) + H(p_{n-1}^n, \gamma) > 0 (A.18)$$

which is a contradiction because  $H_p > 0$  and  $p_n^n \ge p_{n-1}^n$ . Second,

$$-H(p_{n-1}^n, \gamma) + H_p(p_n^n, \gamma)(c - \gamma) > 0 \tag{A.19}$$

Then  $p_n^n$  is chosen as low as possible:  $p_n^n = p_{n-1}^n$ . Let  $p_i^n$  denote the price for highest i such that

$$-H(p_{i-1}^n, \gamma) + H_p(p_i^n, \gamma)(c - p_{i+1}^n) \le 0$$
(A.20)

That is, all j > i have a corner solution at the lower bound  $p_j^n \ge p_{j-1}^n$ :  $p_n^n = \ldots = p_{i+1}^n = p_i^n$ . Hence we can write (A.20) as

$$-H(p_{i-1}^n, \gamma) + H_p(p_n^n, \gamma)(c - p_n^n) \le 0$$
(A.21)

Combining this with (A.15) leads to a contradiction because  $p_{i-1}^n \leq p_n^n$  implies  $H(p_n^n, \gamma) \geq H(p_{i-1}^n, \gamma)$ .

Finally, consider the effect of  $\gamma$  on  $p_n$ . If  $p_n$  is a corner solution, then a small change in  $\gamma$  has no effect on  $p_n$ . If  $p_n$  is characterized by first order condition (A.8), then the second order condition (for a minimum) implies  $H_{pp}(p_n, \gamma)(c - \gamma) > 0$ . Hence

$$\operatorname{sign}\left(\frac{dp_n}{d\gamma}\right) = \operatorname{sign}\left(H_{\gamma}(p_{n-1},\gamma) + H_p(p_n,\gamma) - H_{p\gamma}(p_n,\gamma)(c-\gamma)\right) \tag{A.22}$$

Since  $H_{\gamma} < 0$  and  $H_p > 0$ , we cannot sign this expression in general. Moreover, we didn't make an assumption on  $H_{p\gamma}$ . Hence, the effect of  $\gamma$  on  $p_n$  ambiguous.