## Physician labor supply, financial incentives, and access to healthcare

#### Lionel Wilner (CREST) Philippe Choné (CREST)

3rd Health Economics Conference (TSE)

June 2025

## Outline

#### 1 Motivation

2 Institutional background

3 Data

4 Identification strategy

#### 5 Results

## Outline

#### 1 Motivation

Institutional background

3 Data

4 Identification strategy

#### 5 Results

## Why do we (health)care?

#### The access to healthcare

- (OECD) Policy objective: Improving the access to healthcare
- Problems: Medical deserts, primary care provider shortages
- Extensive margin: Entry (numerus clausus), exit (later retirement), migration (foreign doctors)
- Intensive margin: Increasing labor supply with higher financial incentives?

#### Do physicians respond to financial incentives?

- Mixed evidence (to say the least), depending on country and time
- No: Small elasticities (in the U.S.: Rizzo and Blumenthal 1994, Showalter and Thurston 1997)
- Yes... but in which direction? Income vs. substitution effects
  - Positive price elasticity of the provision of care (Substitution effects dominate): Clemens and Gottlieb (2014) in the U.S. (Medicare) find 1.5
  - ► Negative price elasticity of the provision of care (*Income effects dominate*): Early ('70s-'80s) U.S. studies based on time series, Coudin et al. (2015) in France, Fortin et al. (2021) in Canada

## This paper

- Estimates the price elasticity of the provision of healthcare by French general practitioners (GPs) between 2016 and 2018
- Exploits a policy-induced shock on financial incentives
- The regulator, namely the French public health insurance (Cnam), agreed to revalue sector 1 GPs' visits from May 1, 2017 onward
- Reimbursement rate increased from €23 to €25 (+8.7%)
- Claims data: Système National des Données de Santé (SNDS)
  - Comprehensive information on claim files for the universe of French patients and physicians
- Identification strategy: DiD
  - Treatment: Sector 1 GPs
  - Various possible comparison groups: Direct access specialists, Sector 2 GPs, Sector 1 GPs in 2016, etc.

## Preview of results

- Elasticity of GPs' activity wrt price: 1, on average
- Heterogeneity in response to financial incentives: Early-career (30-39) doctors most price-sensitive (price-elasticity of 2) while old-age physicians (60-69) almost inelastic
  - Consistent with stronger income effect at older ages (life-cycle)
- Mechanisms:
  - Essentially **no change in** the number of visits per patient (Intensity of care)
  - Higher number of patients (Access to healthcare)
    - \* Physicians work more days (+4%)
    - \* Physicians see more patients per day (+5%)
  - ▶ The number of patients for whom they are *médecin traitant* increased (about +4%)
    - \* Consistent with doctors admitting **new patients**, and becoming their *médecin traitant*
  - Decrease in drug prescription (per patient), especially antibiotics
  - Little change in travel times from patients to doctors

**Cost for public health insurance: about**  $\in 0.5bn/yr$ , hence a rather cost-effective policy to enhance the access to healthcare, with limited adverse effects on the intensity of care

## Outline

#### **1** Motivation

#### 2 Institutional background

#### 3 Data

4 Identification strategy

#### 5 Results

## French GPs

About 60% of the 100,000 GPs in France are self-employed

They choose either sector 1 or sector 2 upon start of a new practice

- Sector 1: Regulated fees but reduced social contributions
- Sector 2: Unregulated fees (Free-billing within 'ethical' limits, i.e. with *tact et mesure*, e.g. not allowed to charge extra fees to low-income patients)

Tightened access to sector 2 since 1990 (Coudin et al. 2015): Eligibility conditions include

- Qualifying university teaching for at least 2 years
- Some hospital practice

Cannot switch from sector 1 (absorbing state) to sector 2

## Regulated fees

May 1, 2017: Increase in sector 1 GPs' visit fees from  ${\in}23$  to  ${\in}25$ 

- A +8.7% policy-induced shock on financial incentives
- Publicly disclosed at the end of the *Convention médicale* (August 25, 2016), at the end of a bargaining session between Cnam and physicians' unions (MG France, etc.)

Other shocks (coming soon?):

- November 1, 2023: €26.5 (+6%)
- December 22, 2024: €30 (+13.2%)

Comparison with other OECD countries:  $\in$ 46 on average

- UK: €0 (public), €95-€315 (private)
- Spain: €0 (public), €30-€40 (private)
- Germany, Italy, the Netherlands: about  $\in$ 75
- Switzerland: about €100
- Portugal: €40-€70
- Belgium: €25

## Patients

Patients choose their GPs freely based on public information (sector and fees)

Copayment scheme:

- 70% of the service reference price is reimbursed by public health insurance
- 30% of that price may be reimbursed by private health insurance
- Extra fees (sector 2): either (partly) covered by private health insurance or out-of-pocket (OOP)
- In 2017, 4% of population is deprived of private health insurance

## Specialists

Direct access specialists:

- Gynecologists
- Ophthalmologists
- Pediatricians
- Stomatologists

can be consulted without any referral as opposed to other specialists (e.g., dermatologists, endocrinologists, etc.)

The latter experienced a €2 increase in their specific surcharges from July 1, 2017 onward

Reimbursed fees of some specialists also increased from July 1, 2017 onward:

- Cardiologists
- Psychiatrists
- Pediatricians (according to some price scheme that depends on the child's age)

In what follows: Direct access specialists at the exclusion of pediatricians

## Outline

#### **1** Motivation

Institutional background

#### 3 Data

4 Identification strategy

#### 5 Results

## Comprehensive database

Universe of French patients and physicians observed from 2016 to 2018

• Unique wrt to the U.S., for instance (Medicare: 65+ patients only)

Granularity: Claims files at the visit level with information on fees, drug prescription, etc. Sample restrictions:

- Non-missing information on physicians' gender, age, and location
- Non-missing information on population, density, and *Accessibilité Potentielle Localisée* (APL) of municipality of practice
- Mainland France (Metropolitan France at the exclusion of Corsica)
- Healthcare providers: GPs and direct access specialists

Aggregation of the data: Physician-month level (mostly)

## Working sample

- Self-employed physicians
- General practitioners (GPs), either sector 1 or sector 2
- Direct access specialists (gynecologists, ophthalmologists, stomatologists)
- Aged 30 to 79
- Period: January 2016-October 2018
  - ► Excluding November and December 2018 because of right-censoring
  - Processing time for claim files may last up to 40 days

About 55,000 GPs in January 2016

• NB Practices for now, but ultimately doctors

Aggregation at the physician-month(-day) level: about 1.8M (33M) observations Activity Number of active GPs (Share of sector 1 GPs) (Heterogeneity among GPs)

## Evolution of GPs' activity between January 2016 and October 2018



## Outline

#### **1** Motivation

Institutional background

3 Data

#### 4 Identification strategy

#### 5 Results

## DiD

Identification strategy

- Treatment (T): Sector 1 GPs
- Comparison (C): Direct access specialists

#### Alternate identification strategies

- T: Sector 1 GPs, C: Sector 2 GPs
- T: Sector 1 GPs in 2017, C: Sector 1 GPs in 2016

Rely on

- SUTVA (see later)
- CTA

## Summary statistics (Doctors)

Possible to (fully) match sector 1 GPs and direct access specialists in January 2016 on the basis of age, gender, and location (namely, density and classification into categories of medical deserts)

	Sector 1 GPs	Sector 2 GPs	Direct access specialists (Matched)	Direct access specialists (Unmatched)
Women	0.357	0.287	0.315	0.471
Age	53.2	62.2	52.8	57.2
Paris region	0.133	0.406	0.149	0.238
Dense area	0.367	0.658	0.369	0.612
Intermediate density	0.337	0.264	0.387	0.349
Weakly dense	0.290	0.075	0.242	0.039
Not dense	0.006	0.003	0.002	0.001
Medical desert (ZIP)	0.173	0.191	0.165	0.113
ZAC	0.528	0.561	0.543	0.548
Not a medical desert	0.299	0.248	0.291	0.339
Share of female patients	0.580	0.647	0.600	0.655
Share of 65 <sup>+</sup> patients	0.297	0.312	0.324	0.295
Observations	50630	4750	6474	6474

#### Table 1: Summary statistics - Balancing checks

Note. Sample means computed in January 2016.

- Identification strategy

## Evolution of fees (Sector 1 GPs)



Identification strategy

Evolution of doctors' fees - Comparison group: Direct access specialists



### Evolution of doctors' fees - Comparison group: Sector 2 GPs



## The plausibility of the CTA - Activity (C: Direct access specialists)



## Estimating equation

Notations: Doctor j, calendar month t, treatment dummy T, Post a dummy equal to 1 after May 1, 2017

$$Y_{jt} = \beta T_j \times \mathsf{Post}_t + \alpha_j + \gamma_t + \varepsilon_{jt} \tag{1}$$

Heterogeneity of TE: Possible to allow for  $\beta$  to depend on j or/and t:

- Time (to event): Event study
- Observed characteristics of physician

N.B. Same timing of treatment for all units (physicians) here

Clustering of standard errors: Physician level

Identification strategy #3 on the sole sector 1 GPs:

$$Y_{jmy} = \beta T_y \times \text{Post}_m + \alpha_{jy} + \gamma_m + \varepsilon_{jmy}, \qquad (2)$$

where

- $m = 1, \ldots, 12$  indexes months within year y = 2016, 2017
- $T_y = 1$  if y = 2017
- $\mathsf{Post}_m = 1$  if  $m \ge 5$

## Outline

#### **1** Motivation

Institutional background

3 Data

4 Identification strategy

#### 5 Results

## Impact of the reform on activity (GPs)

#### Table 2: Impact of the reform on activity (C: Direct access specialists)

	(1)	(2)	(3)
$Post \times Treatment$	0.0905***	0.0965***	0.0879***
	(0.00540)	(0.00572)	(0.00583)
Physician FE	Yes	Yes	Yes
Month-year FE	Yes	Yes	Yes
Excluding April and May 2017	No	Yes	Yes
Present in January 2016 and October 2018	No	No	Yes
Observations	1920379	1806757	1539472
R <sup>2</sup>	0.886	0.884	0.885

Note. Dependent variable: Number of medical services per GP and per month (log).

\* p < 0.1, \*\* p < 0.05, \*\*\* p < 0.01

## Robustness checks

#### Table 3: Impact of the reform on activity - Robustness checks

Robustness check	$Post \times Treatment$		Comparison group	Unit FE	Time FE	Observations	$\mathbb{R}^2$
Activity (Sector 1 GPs)	0.0879***	(0.00488)	Sector 2 GPs	Physician	Month-year	1742230	0.874
Activity (Sector 1 GPs)	0.0686***	(0.00165)	Sector 1 GPs in 2016	Physician-year	Month	1004277	0.877
Activity (Sector 2 GPs)	0.00803	(0.00736)	DA specialists	Physician	Month-year	336834	0.873
Pre-matching	0.120***	(0.0257)	DA specialists	Physician	Month-year	1673711	0.876
Placebo reform (May 1, 2016)	0.0317	(0.0196)	DA specialists	Physician	Month-year	823477	0.906
Placebo reform (May 1, 2016)	0.0199	(0.0138)	Sector 2 GPs	Physician	Month-year	798915	0.902
Balanced panel	0.0804***	(0.00523)	DA specialists	Physician	Month-year	1428580	0.871
Trimming	0.0961***	(0.00602)	DA specialists	Physician	Month-year	1779080	0.882
Paris seasonality	0.0941***	(0.00872)	DA specialists	Physician	Month-year	1806757	0.886

\* p < 0.1, \*\* p < 0.05, \*\*\* p < 0.01

## Impact of the reform on various outcomes

Dependent variable	$Post \times Treatment$		Comparison group	Unit FE	Time FE	Observations	R <sup>2</sup>
Activity (per month, log)	0.0965***	(0.00572)	DA specialists	Physician	Month-year	1806757	0.884
Health insurance spending (per month, log)	0.172***	(0.00584)	DA specialists	Physician	Month-year	1806529	0.885
# of patients (per month, log)	0.105***	(0.00573)	DA specialists	Physician	Month-year	1806757	0.885
# of services (per patient, log)	0.00239***	(0.000677)	Sector 2 GPs	Physician	Month-year	1742230	0.806
# of patients (per day, log)	0.0506***	(0.00364)	DA specialists	Physician	Day-year	33826817	0.507
# of workdays (per month, log)	0.0418***	(0.00278)	DA specialists	Physician	Month-year	1806757	0.723
Probability of retirement	-0.00593***	(0.00204)	Sector 1 GPs in 2016	Physician-year	Month	344600	0.812
# of patients as <i>médecin traitant</i> (per month, log)	0.0398***	(0.00154)	Sector 1 GPs in 2016	Physician-year	Month	922795	0.932
Share of home visits	-0.00443***	(0.000214)	Sector 1 GPs in 2016	Physician-year	Month	1004277	0.943
Share of women among patients	-0.00190***	(0.000244)	Sector 1 GPs in 2016	Physician-year	Month	1004277	0.714
Share of 65+ among patients	-0.0138***	(0.000262)	Sector 1 GPs in 2016	Physician-year	Month	1004277	0.892
Share of patients living in same city	-0.00174***	(0.000282)	Sector 1 GPs in 2016	Physician-year	Month	1004277	0.951
All drugs (per patient, log €)	-0.0442***	(0.00554)	Sector 2 GPs	Physician	Month-year	1742208	0.856
Antibiotics (per patient, log €)	-0.0925***	(0.00611)	Sector 2 GPs	Physician	Month-year	1685289	0.735
Antidepressants (per patient, log €)	-0.0318***	(0.00664)	Sector 2 GPs	Physician	Month-year	1623056	0.818
Opioids (per patient, log €)	-0.0367***	(0.00910)	Sector 2 GPs	Physician	Month-year	1640372	0.771
All drugs + reimbursed fees (per patient, log $\in$ )	-0.0154***	(0.00308)	Sector 2 GPs	Physician	Month-year	1742230	0.792
All drugs + reimbursed fees (log €)	0.0701***	(0.00381)	Sector 2 GPs	Physician	Month-year	1742230	0.939

#### Table 4: Impact of the reform on various outcomes

Note. DA: Direct access. April and May 2017 are excluded from estimation samples.

\* p < 0.1, \*\* p < 0.05, \*\*\* p < 0.01

### Impact on travel times

Dependent variable	mean	sd	p10	p25	p50	p75	p90
$Post \times Treatment$	-0.0652	-0.174**	-0.0599**	-0.0342	-0.00367	-0.0283	-0.106
	(0.0399)	(0.0802)	(0.0298)	(0.0302)	(0.0360)	(0.0551)	(0.105)
Physician FE	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Month-year FE	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Observations $\mathbb{R}^2$	1101847	1095290	1101847	1101847	1101847	1101847	1101847
	0.726	0.685	0.527	0.644	0.719	0.616	0.575

#### Table 5: Impact of the reform on travel times between patients and GPs (in minutes)

\* p < 0.1, \*\* p < 0.05, \*\*\* p < 0.01

## Heterogeneity of TE - 1



(a) Gender



(c) Age  $\times$  gender



(b) Age



(d) Income (in 2016)

## Heterogeneity of TE - 2







(b) Medical deserts





Physician labor supply and access to healthcare

## Impact of the July 1, 2017 reform on activity (Specialists)

Table 6: Impact of the reform on activity for psychiatrists and cardiologists (T: Sector 1, C: Sector 2)

	Cardiologists	Psychiatrists
$Post \times Treatment$	0.0118 (0.0132)	-0.0199** (0.00863)
Physician FE	Yes	Yes
Month-year FE	Yes	Yes
Observations $R^2$	125740 0.863	183473 0.817

Note. Dependent variable: Number of medical services per physician and per month (log).

April and May 2017 are excluded from estimation samples.

 $^{\ast}$  p < 0.1,  $^{\ast\ast}$  p < 0.05,  $^{\ast\ast\ast}$  p < 0.01

## Who are the 'new patients'? (Preliminary)

Patient-level analysis:

$$\mathsf{Visit}_{it} = \beta_i \mathsf{Post}_t \times T_{c(i)} + \alpha_i + \gamma_t + \varepsilon_{it} \tag{3}$$

Treatment dummy  $T_{c(i)}$  equal to 1 when patient i resides in a city c with at least one sector 1 GP

(Preliminary) Results (based on a random 1/100 subsample of French patients):

- Zero impact on monthly probability of visiting sector 1 GPs after May 1, 2016 (Placebo)
- Positive impact on monthly probability of visiting sector 1 GPs after May 1, 2017
- Decreasing effect with patients' age:
  - Children (0-9) visit more often
  - Seniors (60<sup>+</sup>) visit less often
- No significant difference for patients with chronic disease
- Amplified spatial inequality in access to healthcare ('Mathew effect')?
  - > Patients living in under-served areas (ZIP, i.e. medical deserts) visit less
  - To a smaller extent, also true for less deprived areas (ZAC)
  - Patients living in non under-served areas visit more

Other outcome: Emergency<sub>it</sub> (annual probability of visiting emergency department after May 1, 2017)

Zero effect

## Conclusion

Summary

- Exogenous variation in sector 1 GPs' fees on May 1, 2017
  - Quasi-experimental research design
  - Comprehensive, granular data at the physician-month(-day) level
  - High external validity
- Physicians respond to financial incentives with a unitary price elasticity of care provision, on average
- Heterogeneity of response: Early-career doctors, mostly

Policy implications

- Cost-effective policy to enhance the access to healthcare
- Limited adverse effects on the intensity of care
- Targeting: Newly graduates at the exit of medical schools

Extensions

- Other outcomes: Quality of care? Referrals to other healthcare providers?
- Future increases in doctors' fees (2023: €26.5 per visit, 2024: €30)

## Appendix

## Activity (Number of medical services per month) in January 2016



### Number of active GPs in sample



## Share of sector 1 GPs in sample



## Heterogeneity among GPs





(c) Density of area

Figure 3: GPs' activity, depending on various dimensions







The plausibility of the CTA - Activity (C: Matched direct access specialists)



## The plausibility of the CTA - Activity (C: Sector 2 GPs)



## The plausibility of the CTA - Activity (C: Sector 1 GPs in 2016)



The plausibility of the CTA - Health insurance spending (C: Direct access specialists)



## The plausibility of the CTA - Number of patients per month (C: Direct access specialists)



## The plausibility of the CTA - Intensity of care (C: Sector 2 GPs)



The plausibility of the CTA - Workload (C: Direct access specialists)



## The plausibility of the CTA - Probability of retirement (C: Sector 1 GPs in 2016)



## The plausibility of the CTA - Number of patients seen as a *médecin traitant* (C: Sector 1 GPs in 2016)



## The plausibility of the CTA - Share of home visits (C: Sector 1 GPs in 2016)



The plausibility of the CTA - Share of women among patients (C: Sector 1 GPs in 2016)



The plausibility of the CTA - Share of 65+ among patients (C: Sector 1 GPs in 2016)



The plausibility of the CTA - Share of patients living in the same city (C: Sector 1 GPs in 2016)



The plausibility of the CTA - Drug prescription (per patient) (C: Sector 2 GPs)



The plausibility of the CTA - Antibiotics prescription (per patient) (C: Sector 2 GPs)



## Physician labor supply and access to healthcare

The plausibility of the CTA - Antidepressants prescription (per patient) (C: Sector 2 GPs)



The plausibility of the CTA - Opioids prescription (per patient) (C: Sector 2 GPs)



The plausibility of the CTA - Mean travel time from patient to physician (C: Sector 1 GPs in 2016)



# The plausibility of the CTA - Variance of travel times from patient to physician (C: Sector 1 GPs in 2016)



## The plausibility of the CTA - P10 of travel time from patient to physician (C: Sector 1 GPs in 2016)



The plausibility of the CTA - P25 of travel time from patient to physician (C: Sector 1 GPs in 2016)



# The plausibility of the CTA - P50 of travel time from patient to physician (C: Sector 1 GPs in 2016)



# The plausibility of the CTA - P75 of travel time from patient to physician (C: Sector 1 GPs in 2016)



# The plausibility of the CTA - P90 of travel time from patient to physician (C: Sector 1 GPs in 2016)



## Heterogeneity of TE - Ceteris paribus

Table 7: Heterogeneity of the response to financial incentives (Activity)

Paul - Tengiment	1.277
Underal shearing = Paul = Tanatement	1.428***
	(3.078)
ga pen 2029) D.38 × Pent = Tenziment	8.179~~
	(5 86 764)
0.09 - Peak - Treatment	(5.00724)
0.59 = Paul = Tradiment	0.000
0.88 - Pest - Trainest	E.0448
(ender (sel man)	[2.000
Saman - Paul - Teudmant	4-0024
tensity of any (ref. dense)	[1820]
timmediate - Peak - Dealerant	0.00943
	(2 10 12 4)
and y and it has it interest	(3.8697)
lat dense - Paul - Teudoneti	0.02011
Indeal deart dassification (wit not a medical deart)	(mm)
IP = Pasi = Teuteeni	0.0220
AC - Peak - Dealerant	6-30/22
	(3.8279)
wares (n. 2016, nel: Group 2) henne L - Berl - Terrinent	1.0007
	(0.0004)
rasp I - Pasi - Traineni	(0.0273 (0.0373
Insup 6 - Paul - Trainant	(5.037) (5.037)
Irmp 5 + Peak + Tracinent	0.000"
inap 6 - Paul - Trainent	0.087-
	(3 mer)
Iraup 7 - Paul - Tradmani	(2.014)
Iraup II - Paul - Trainent	0.060***
Interp 9 - Paul - Traineni	0.047
inun 12 - Paul - Teutenni	4961
	(2.014)
nare at stoppers (etc. screep 2) beau 1 = Paul = Tradment	4228
	(2.0.43)
Ironp I - Paul - Trainant	0.00982*
Iroup 6 - Paul - Trainent	0.00940***
inun 1 - Peri - Instanti	0.0062-
	(2.0071)
lenop 6 - Peal - Tradmeni	(3.00007*
Imap 7 - Paul - Tradment	0.0014***
Imp I - Paul - Tradment	0.0030
	(5.004)
rap v - ras - counters	(3.004m)
Imap 13 = Paul = Taulmani	0.001***
Nyarismeni FE - Pasi - Teutmeni	(canto) No.
lendari	5.427***
Security	(5.86267)

return

## Change in specialists' fees



Figure 4: Change in specialists' fees (T: Sector 1, C: Sector 2)

### Evolution of specialists' activity



Figure 5: Evolution of specialists' activity (T: Sector 1, C: Sector 2)